

Conference Presentation and Publications

Accepted Conference Presentations

International

Yoshimoto, M. (2025, June). *ACT IT! – Building a Good Relationship with Someone Who Has BPD and Living the Life You Really Want*. Presenter & Skills Builder (role-play demonstration). Presented at the AsiaFlex Dialogue & Exchange Series III, Event #8, hosted by the ACBS Asian Culture and CBS SIG. Delivered online.

Yoshimoto, M. (2022, November). Case-study: *ACT for PTSD*. Presenter. Presented at the AsiaFlex Dialogue & Exchange Series II, Event #2, hosted by the ACBS Asian Culture and CBS SIG. Commentator: Akihiko Masuda (University of Hawaii). Delivered online.

Yoshimoto, M. (2022, June). *Are you and your client really working on ACT in the same boat?* IGNITE presenter. Presented at the ACBS World Conference 2022, sponsored by the ACBS DEI SIG. Delivered online.

Domestic

Yoshimoto, M. (2026, January). *Introduction to DNA-V (Chapter 10: What Makes You Stronger)*. Contributed presenter. Presented at the CBS Study Group (Japan), hosted by Startline Inc. Delivered online.

Yoshimoto, M., & Inoue, K. (2021). *How to enhance effective ACT practice skills: Introduction to the Portland model*. Poster presented at the ACT Japan Annual Meeting 2021. Delivered online.

Yoshimoto, M. (Chair). (2021). *How to learn and implement Contextual Behavioral Science (CBS) in clinical practice*. Symposium conducted at the ACT Japan Annual Meeting 2021. Delivered online.

Presenters: M. Yoshimoto, A. Seguchi, Y. Kurumiya.

Discussant: Tomu Ohtsuki.

Yoshimoto, M. (2020). *Practicing ACT via Google Hangouts*. Presentation delivered at the ACT Japan Mini-Conference 2020. Delivered online.

Publications

Yoshimoto, M. (in press). Translation of Chapters 8 and 16. In K. Henriksen, J. Hansen, & C. H. Larsen (2020), *Mindfulness and Acceptance in Sport: How to Help Athletes Perform and Thrive under Pressure*. Japanese edition supervised by K. Inoue & C. Kuribayashi. Kyoto: Kitaohji Shobo. Scheduled for publication March 20, 2026.

International Activities

- Board Member, ACBS Sport, Health, and Human Performance SIG (2022–present)
- Participant, ACBS World Conference (2020–2025)
- Participant, Spectrum Project ECHO (2023–2026)

Affiliations

- Association for Contextual Behavioral Science (2018–present)
- ACT Japan (2020–present)
- ACBS Ontario Chapter (2021–present)
- ACBS Hawai'i Chapter (2021–present)
- ACBS Peru Chapter (2023–present)